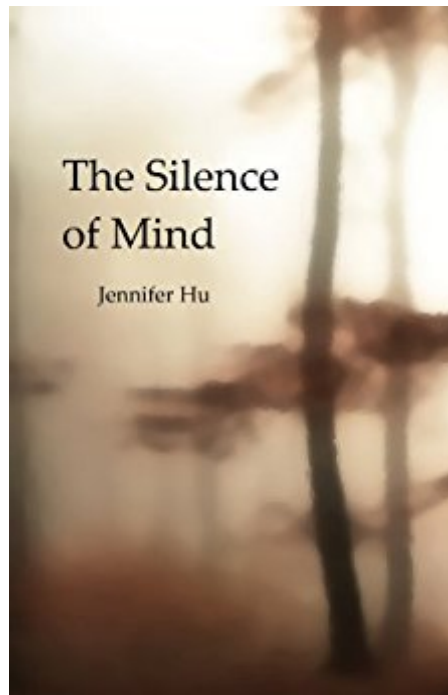




The book was found

The Silence Of Mind: 40 Haikus Inspired By Zen Practice



Synopsis

40 Haiku in English inspired by the practice of Zen Buddhism and Zazen (seated meditation) in particular. I hope you enjoy!

Book Information

File Size: 288 KB

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Customer Reviews

A very easy, and pleasant read. If you like Haiku, take your time and enjoy. Please keep writing

Jennifer Hu.

This is an easy and lovingly straight to the Heart and not quite traditional, it sensitive and a inspiration, one wish to start oneself.

The poetry is not as strong as I had hoped for / expected

I thought this was a short story or book. All it was about were 40 quotes. No other content whatsoever.

I didn't find it fulfilling.

Simple haiku, revealing complex ideas - beautifully written, I found myself going back and revisiting several of these just to appreciate the concise points made. One of my favorites: "Oh, to be gazed at by the bottoms of the clouds..." Really, so deceiving, like arms holding masses of flowers, just lovely.

Wanting to read something a little different, I purchased this book. The Haikus are beautiful. The book is very short. It will not take long to read it. If you want something that is thought provoking, yet gentle on the mind and soul, read this book today.

These Haikus are the reason I love Poetry. They inspire me and remind me why I exist. Simplicity in life is the way to peace!

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